

# Grade 4 – 6 Lesson Plans

ENGLISH

## Intermediate Phase

CAPS-aligned with learning opportunities presented in: **Life Skills**  
*Beginning Knowledge and Personal and Social Well-being*

### Grade 4 Term 1

TOPIC: Development of the Self

- Reading for enjoyment: reading about role models
- Dealing with conflict: examples of conflict situations at home and school
- Strategies to avoid conflict
- Useful responses to conflict situations
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### Grade 4 Term 2

TOPIC: Development of the Self: Emotions

- Understanding a range of emotions: love, happiness, grief, fear, jealousy
- Appropriate ways to express our own emotions and to consider the emotions of others
- Reading about how people express different emotions
- Bullying: how to protect self from acts of bullying
- Reading about appropriate responses to bullying

### Grade 4 Term 3

CAPS-aligned with learning opportunities presented in: **Life Skills**

TOPIC: Food and Farming in South Africa

- People and Food
- Ways of Farming
- Case Study of Stock Farming in South Africa such as Chicken Farming
- Reading

### Grade 4 Term 4

CAPS-aligned with learning opportunities presented in: **Life Skills**

*Beginning Knowledge and Personal and Social Well-being*

TOPIC: Health and Environmental Responsibility

- Example of environments that are unhealthy: pollution (air water and land)
- Dangers of unhealthy environments to personal health
- Strategies to keep environments healthy: conservation of environment
- Reading about healthy environments and personal health

### Grade 5 Term 1

TOPIC: Development of the Self: Emotions

- Coping with emotions: empathy, compassion, anger, disappointment and sadness
- Skills to manage emotions in a positive way
- Significance of friends in times of sadness, tragedy and change
- Reading about friendships that are caring and supportive: recall and relate

### Grade 5 Term 2

TOPIC: Social Responsibility

- Concepts: Discrimination, stereotype and bias

### Grade 5 Term 3

TOPIC: Health and Environmental Responsibility

- Fire safety: Reading about fire safety
- Healthy eating: reading about healthy eating

### Grade 5 Term 4

- TOPIC: Health and Environmental Responsibility
- Locally occurring health problems
- Causes of health problems
- Symptoms of health problems
- Available treatment for health problems

#### Grade 6 Term 1 - 4

TOPIC: Social Responsibility – Caring for animals

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- Acts of cruelty to animals
- Taking care of and protecting animals
- Places of safety for animals

READING SKILLS: Reading with understanding and fluency