



Special
Days

LESSON PLANS

for

Internationally recognized

SPECIAL DAYS

[with an animal component]



The **United Nations** has designated certain days in the calendar as **International Days** in order to shine a spotlight on **important aspects of human life.**



15 MAY

The content of this
Lesson Plan supports
the
International Day
of **families**

15 May
INTERNATIONAL
DAY OF



FAMILIES



There are three main types of family:

Traditional family

Made up of two parents with one or more children all living together.

Single-parent family

One parent with one or more children all living together.

Extended family

Includes relatives like grandparents and aunts and uncles, all living together.

No matter how many people the family consists of, it is true to say that a loving and supportive family is something to be treasured.



Afrikaans

VERSION

Also available in English, isiXhosa, isiZulu, SeSotho and SeTswana.





Die storie van Thabo en Thabisile

deur Tozie Zokufa

Een Sondagoggend het Thabo en Thabisile hulle beste klere aangetrek om 'n kerkdiens by te woon saam met hulle pa, Mnr. Mokoena. Die vorige twee dae was baie warm gewees. Die sonbesies het sommer al vroeg in die bome gezoem en hulle het geweet dit gaan 'n skroeiende dag wees. Terwyl hy langs die stowwerige pad saam met die tweelingseuns gestap het, het Mnr. Mokoena by die heining van die kraal stilgestaan om sy beeste en skape te bekyk.. Hy was baie trots om te sien dat sy vee vet en tevrede is.

Mev. Mokoena het nie saam kerk toe gegaan nie. Sy het by die huis gebly om hulle Sondagete voor te berei. Sy het heerlike potjiekos gemaak, wat hulle familie se gunsteling was.

Later daardie oggend was die blou lug oortrek met grys wolke. Soos wat hulle almal opgestaan het om die loflied Avulekile Amasango, Ezulwini (Die Hemeldeure word oopgemaak) te sing, hoor Thabo en Thabisile donderweer in die verte. Teen die tyd dat die kerk klaar is en Mnr. Mokoena en die seuns huis toe wil gaan, het daar 'n ligte reënbui begin val. Thabo en Thabisile het hulle oë styf toegeknyp en in die lug opgekyk om die druppels op hulle gesigte te voel. Hulle het diep ingeasem om die lekker reuk van die nat grond te ruik.

Mnr. Mokoena was bekommerd oor sy beeste en skape. Die donderweer het al hoe nader gekom. Weerlig het die hele lug verlig. Die reëndruppels het ook al hoe swaarder geword. Hulle moes nog baie ver stap om by die huis te kom. Hy't geweet sy beeste en skape was baie bang vir die groot donderslae. "Kom ons draf al die pad terug huis toe," het hy vir die seuns voorgestel.

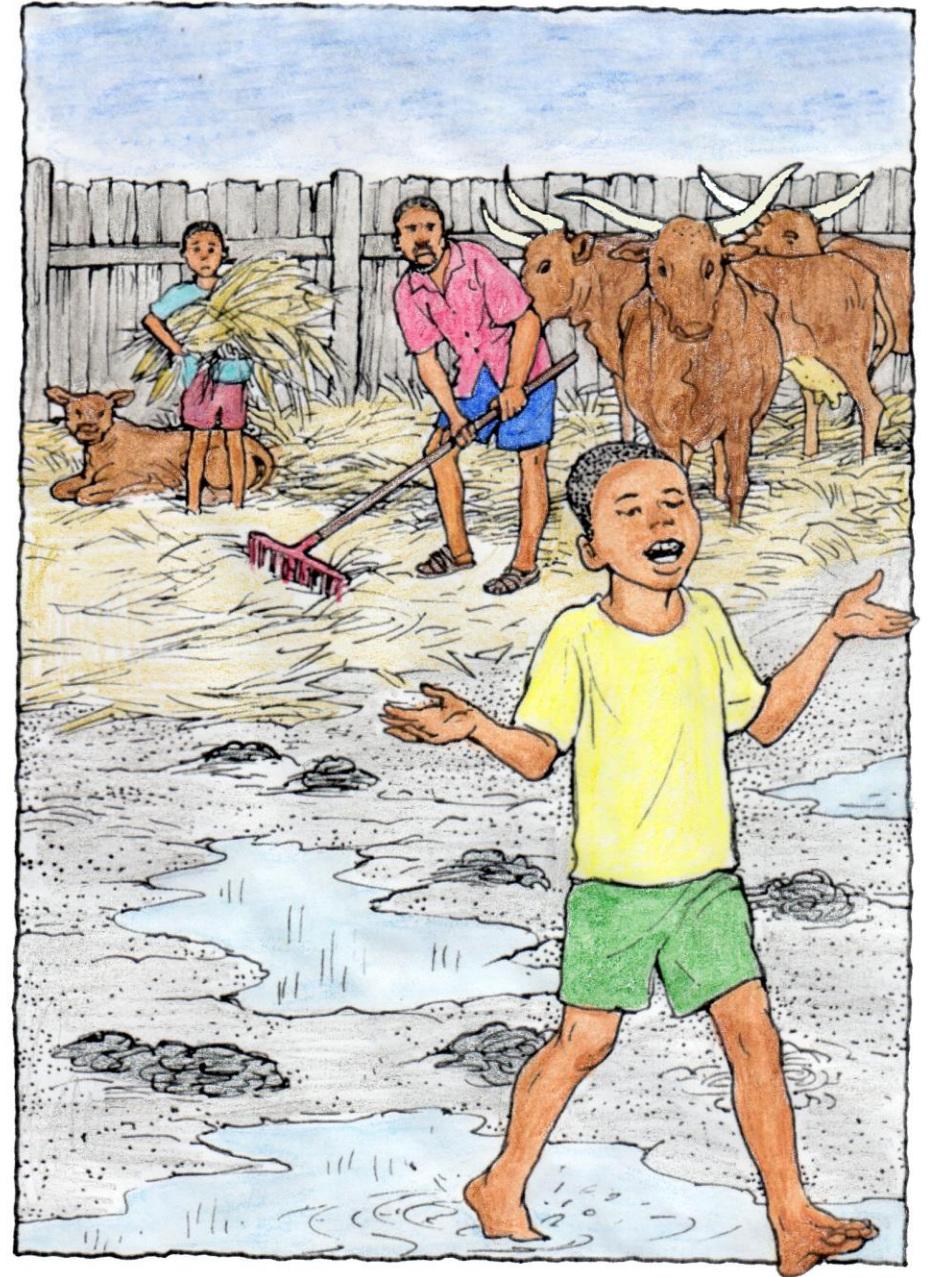


Die drie manne was papnat teen die tyd dat hulle die huis bereik het. Hulle ma het al gereed met handdoeke by die voordeur vir hulle gewag.

'n Heerlike reuk uit die kombuis het hulle monde laat water, maar Mnr. Mokoena het gesê dat hy eers seker moes maak dat die donderweer nie die beeste en skape te veel hinder nie, voordat hy saam met hulle sou kon sit en eet.

Die reën het teen die aand steeds hard neergeval. Mnr. Mokoena het sy twee seuns gevra om hom te help om sand en strooi in die kraal te sit sodat die koeie en skape droog kon slaap en warm kon wees vir die aand. Maar Thabisile het gesê: "Pappa, ek is te moeg. Kan Thabo jou nie eerder help nie?"

Mnr. Mokoena was teleurgesteld oor sy seun se luiheid. Hy antwoord hom: "Dis reg so my seun, maar dan moet jy net nie van die koeie en skape verwag om weer enigiets vir jou te doen nie."



Thabisile het op die bank gaan ontspan, sy kop instemmend geknik en 'n groot gaap gegee. Thabo en sy pa het hulle plastiekreënjasse aangetrek. Hulle het buitentoe na die kraal gegaan om die sand te gooi en strooi bo-oor dit te gooi. Die reën sou op hierdie manier deur die strooi en sand tot in die aarde gesink het, sodat die koeie en skape vir die aand op kooigoed kon slaap in plaas van in waterplasse. Die arme, nat diere het eenkant styf teenmekaar gestaan en geduldig toegekyk hoe Mnr. Mokoena en sy seun gewerk het, en hulle het geweet dat hulle binnekort gemaklik en warm sou kon lê.

Hulle ma het die volgende oggend ontbyt gemaak. Die tweeling het aan tafel gesit toe Thabisile opgelet het dat sy ma vergeet het om melk by die pap te gooi. "Gee asseblief die melk aan," het hy vir Thabo gevra. Maar sy pa was baie vinnig met sy antwoord. "Nee, Thabisile," het hy gesê. "Onthou, jy mag nie enigiets van die koeie verwag nie." Thabisile het gefrons. Hy het toe kwaad sy skouers opgetrek.

Thabisile het tydens pouse by die skool opgelet dat sy toebroodjies in sy kosblik nie enige kaas ophet nie. Hy loer toe na Thabo se kosblik. Op sy toebroodjies was daar heerlike gerasperde kaas. Thabisile het skielik baie kwaad gevoel. Hy was sommer lus om vir Thabo op sy neus te slaan.



Thabo het gesien dat sy tweelingboetie baie kwaad is. “Ek gaan vir mamma en pappa sê as jy aan my raak,” het hy vir Thabisile gewaarsku. “Onthou jy dan nie? Jy’t nie gister met die koeie en skape gehelp nie. Net ek het vir pappa gehelp.”

Toe die tweeling na skool by die huis kom, het Thabisile gesien dat sy ma besig was om Umphokoqo (Afrika-slaai met Amasi) vir aandete te maak. Hy het sommer dadelik geweet dat hy nie Amasi vir aandete sou kry nie.



Thabisile het na sy pa toe gehardloop om hom te groet toe hy van die werk af kom. “Pappa, wat kan ek doen om die koeie en skape te help? Ek besef ek was gister selfsugtig en lui. Ek het my les geleer.”

Mnr. Mokoena het gevra: “Watter les het jy geleer, my seun?”

Thabisile het verleë geantwoord: “Ek weet nou dat die lewe oor gee én neem gaan en nie nêr oor neem nie,” het hy gesê.

“Mooi so”, sê sy pa. “Kom ons bespreek hoe jy ook kan help.”

NOTE
TO
TEACHER

Encourage class discussion

about the following statements inspired by the story,
and give learners the chance to express their own related experiences.
Learners can also be asked to put ***their thoughts into sentences.***



A happy family...

is one where **parents love their children unconditionally.** Mother demonstrated her love in the following ways:

- Mother **prepared** delicious and healthful **meals** for her family
- Mother **waited** at the door with towels **to help dry** her drenched family
- Mother **supported** Father in **teaching** that there are consequences to every action



your thoughts

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A happy family...

is one where the **children are protected** against bad influences like alcohol and drugs, and **are safe** from people wishing to take advantage of them. Here is an example of Father's protection of his twins:

- Father did **not** send his children to worship **on their own**.

- He took the journey to church and back **with them** so as to be sure they were **safe** from harm.



your thoughts

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A good parent...

is a role model, **leads by example** and does not punish physically or emotionally. Instead, a good parent **helps children understand** that there are consequences to every action. For example:

- Father did not order the twins to go and lay dry bedding down for the cows and sheep while he lay on the couch. Instead, he **led by example and set to work himself.**

- Although Father was disappointed that one of his twins was too lazy to help, he did not shout or demean or become violent, but simply **advised his son to expect consequences for such laziness.**



write

your thoughts

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Good parents...

demonstrate family **values of care and concern** for others, including animals. Responsibility for the **well-being of animals** is based on the **Five Freedoms for Animals**.

We know the family looked after their animals well, because:

- The sheep and cows were **fat and contented**.
- **Father** was in a hurry to get back to the animals because he **knew they would be afraid** of the big claps of thunder.
- The sheep and cows were given special bedding to **keep them dry and warm** for the night.



your thoughts

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*Note to
Teacher*

*Explain to the learners
that Father ensured his
animals enjoyed the
Five Freedoms for Animals.*

*These principles
are endorsed by the
**World Organization for
Animal Health.***

5 VRYHEDE vir DIERE



5 VRYHEDE vir DIERE

Onderskryf deur Die Wêreld Organisasie vir Diergegesondheid

Vryheid van honger en dors

Vryheid van ongemak

Vryheid van pyn, besering en siekte

Vryheid om normale gedrag te beoefen

Vryheid van angs en vrees



A good parent...

encourages family **togetherness** and tries to make meal-time a family-together time. For example:

- Mother made good and delicious food for the family to **eat together** at the table.
- Mother **supported Father** in keeping family rules and showing that there are **consequences** to every action.



your thoughts

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Good parents...

encourage children to **discuss things** that are causing them concern or anxiety, without passing judgment, and **by keeping their confidence.**

- When the (previously) lazy twin ran up to Father to offer help in caring for the cows and sheep, **Father was pleased and encouraged** his son's change of attitude **with discussion and support.**



your thoughts

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- These **insects** were buzzing loudly in the trees promising that the day was going to be hot:
- Mother stayed home to prepare this **special Sunday meal**:
- Father stopped at the fence to inspect his cattle and sheep. There was something that **pleased** him. What was it?
- Father knew his cattle and sheep were **afraid** of this:
- Father felt this **emotion** about his son's laziness:
- The lazy twin noticed that the sandwiches in his lunch box did not have a certain **ingredient** in them:
- The absence of this ingredient made him feel this **emotion**:



- The story tells us that the lazy twin learned this important **lesson**. What is it?

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- The World Organization for Animal Health supports these **five principles** in our care of animals:

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