

Lesson Plan



Grade 1 Term 1

These Lesson Plans are CAPS-aligned
with learning opportunities presented in: **Life Skills**
Beginning Knowledge and Personal and Social Well-being

TOPIC: The Weather and us

TOPIC: Me

NOTE TO TEACHER — Refer to:

Kittens, kittens, kittens!

Palesa finds a friend

The dog who lost her coat

Molo King of the Dump

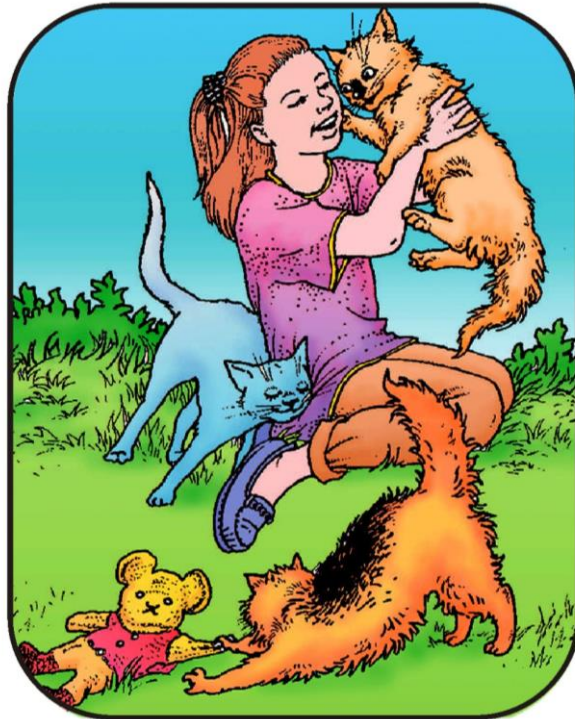
[HERE](#)

TOPIC: Special Days



TOPIC: Me

- Things I can do
- How I am **the same** as my friends
- How I am **different** from my friends



***Let's talk about our companion animals.
They are often the best friends of all!***

NOTE TO TEACHER

Select one of the stories about companion animals — Kittens, Palesa finds a friend and The dog who lost her coat To read to the class.



Let's read
these
cards aloud.

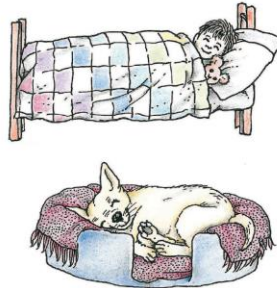
We love
one another.

We eat
good food
every day.

I am my
dog's best
friend



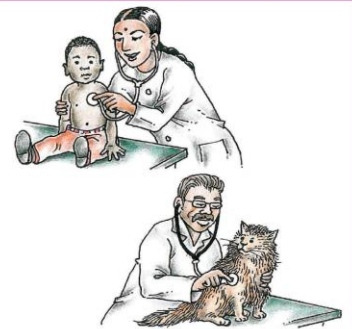
We like to run
and have fun.



We sleep
safely in a
clean bed.



When we are
sick we go to
the doctor.

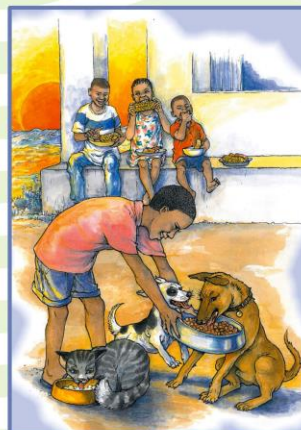
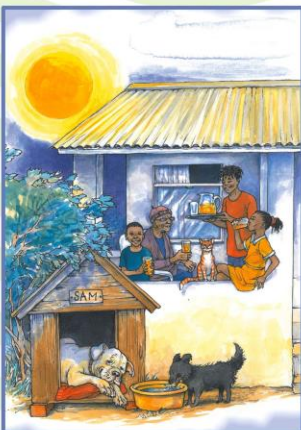
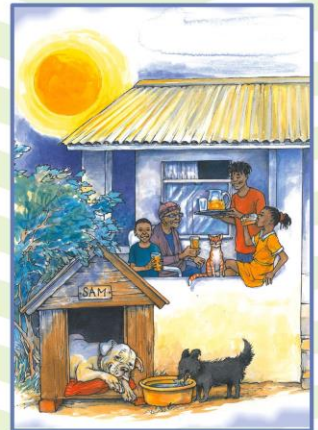
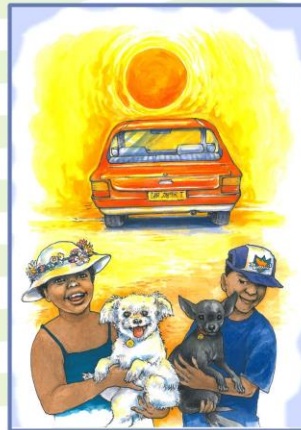
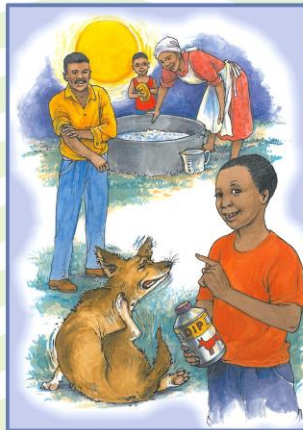


Things I can do >>>

What makes me a
best friend to my
companion animal ?

Activity

*Look at the
following pictures
to find the answers*



How am I the same as my companion animal friend ?

NOTE
TO
TEACHER

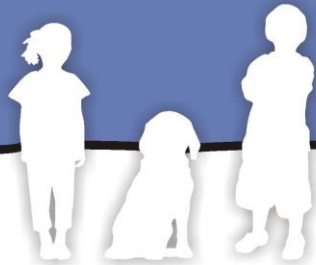
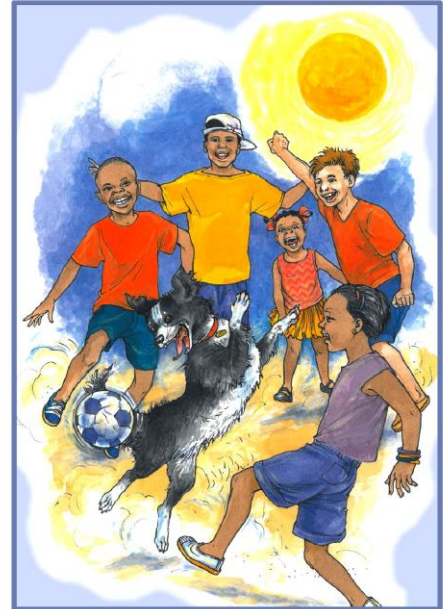
*Ask the learners to illustrate the answers
to these questions:*

How do you show you are happy?

▶ How does your companion animal show he/she is happy?

How do you show you are sad?

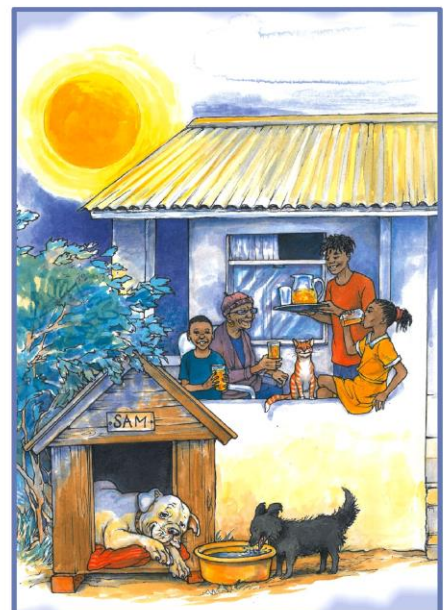
▶ How does your companion animal show he/she is sad?



▶ We both need to be respected and loved.

How do we show love to our companion animals?

▶ How do they show us that they love us?

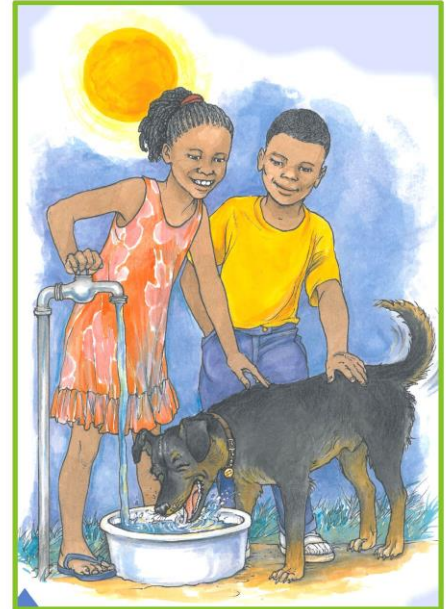


How am I different from my companion animal friend ?

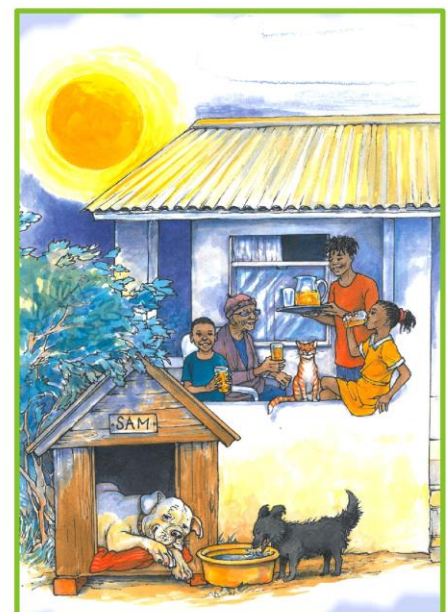
NOTE
TO
TEACHER

*Guide the learners to discover the differences.
For example:*

- ▶ We have hands that can turn on a tap.
Dogs have paws that can't do this
- ▶ We can speak and say we're thirsty.
Our companion animals can't tell us when they're thirsty or hungry



- ▶ We can hear and smell
A dog's hearing and sense of smell is much better than ours
- ▶ We can read and write.
A dog or cat or any other pet can't read or write but loves to sit alongside us while you read him/her a story



TOPIC: Special Days

- World Aquatic Animal Day

Start exploring ideas for celebrating
World Aquatic Animal Day
on April 3 at the start of Term 2.

Activity

For example, start developing an
Aquatic Animal Alphabet with pictures.

See how many letters of the alphabet
you can match to an aquatic animal.

Blue whale

Clownfish

Dolphin

Eel

Goldfish

Hermit crab

Jellyfish

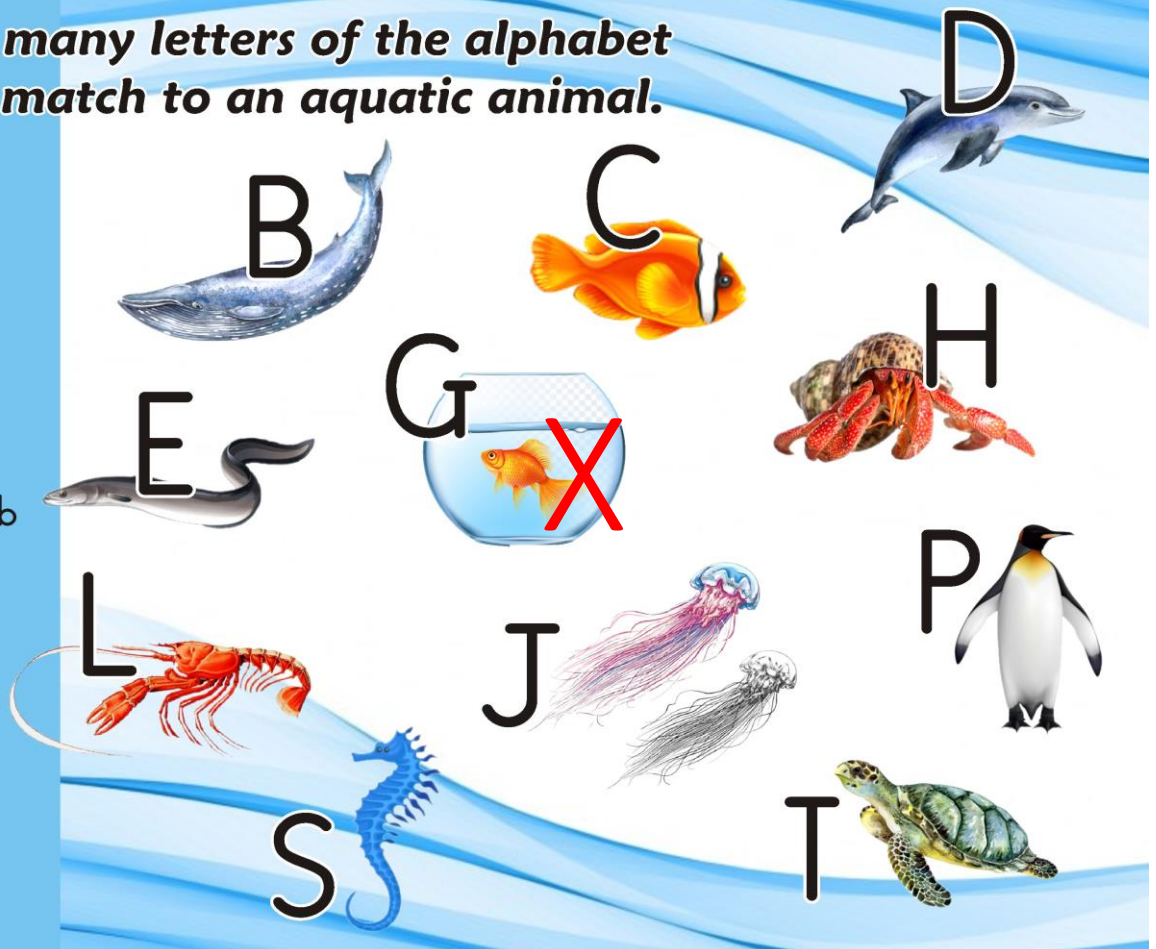
Lobster

Octopus

Penguin

Seahorse

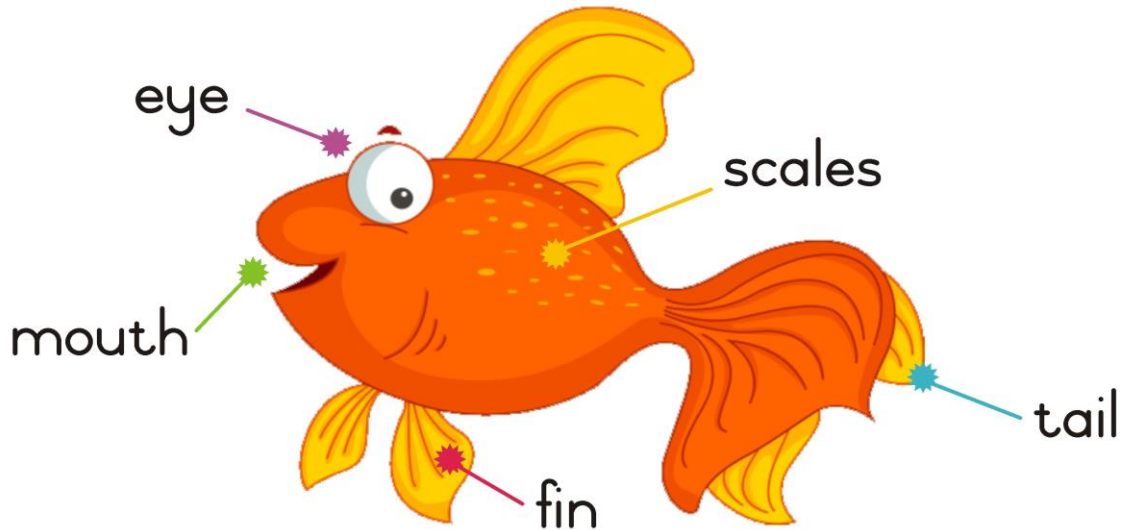
Turtle



* It is cruel to keep a fish in a bowl

NOTE
TO
TEACHER

Ask the learners to study this fish



Note to
Teacher

Tell the learners about amazing seahorse dads.
Read the information below and ask the learners which letter of the alphabet applies to the **name** given to **baby seahorses**.

To be a good father is one of the **most important jobs** in the world and seahorses are easy winners of the

Best Dad Award

Once the female seahorse has laid her eggs, the male seahorse fertilizes them and carries the growing embryos in his pouch, nurturing them with all that they need until birth.

Baby seahorses are called **fry** and **once they are born, they are completely independent** and go into their sea world all on their own!